

I Will Not Walk in Worry!

New Beech Grove Baptist Church

Bible Study | 7:00 pm

Overview: Worrying is not a kingdom response to anything in life. By anything, it truly means anything: not spiritual, not physical, not emotional, nothing related to business, relationships, and finances. ***God does not want us to worry as the people of God!*** So tonight we seek to dive into a lesson and familiar passage of scripture. We aim to encourage and lean into what it is God has set for our lives and what He is saying now.

Scripture Text: Matthew 6: 25-34

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Scripture Lesson:

1. We are _____ not to worry about our life.
vs. 25 opens up with Christ sharing to us that we are not to worry about our life nor the contents of what pertains to our lives. This is a command and a duty, that we ought to follow and certainly for two reasons:
 - a. Look who is commanding/saying this: Christ the Savior our Lord.
 - b. The promise that is made if we keep our focus on the Savior. vs. 19-24
2. When we worry, we are _____ belittling the faith we ought to have in the plan of God.
vs. 30 this is a relevant but also a rhetorical question that is being asked here! The things that are mentioned in scripture serve as metaphorical objects that seemingly do not stress about the things they need but they are supplied. *Worry serves as the antithesis of faith!*

Christ here is calling for us to really prioritize our faith, which should lead to cutting away worrying all together.

“Little Faith” - Having little faith is really not the issue. This is not about quantity, it is about the power that is in faith.

3. The solution to our worrying rests in our _____.
vs. 33, shares with us that our seeking should begin with going after the things of the kingdom of God and the things that speak to the righteousness of God.

Seek in the Greek: Zeteo; Which means to desire, aim, seek, strive after.

Righteousness in the Greek: dikaiosyne; Which means to have that which is deemed by God - God's approval.

When we seek after His kingdom, then we are seeking after the God things. Things that are not of this world. Things that are not temporal, or conditional, or vain but the things that please God. The things He wants for our lives. The things that will bring Him glory and will continue to advance the kingdom of God. But watch how this works, the more I continue to focus on what God has for my life, it decreases the pressure of worrying about something that is not meant for my life. Additionally, if God wants me to have it, then I can trust in that fact that He is going to allow me to see/have it.